

No more shade. June 28th, 2026. PRIDE Sunday

Friends. Thank-you for the invitation to speak about this journey today.

When culture, community, family and self, do not live from a place of authenticity and inclusion, dualism festers.

Bad or good.

Right or wrong.

Moral or immoral.

Together or apart.

The spaces that form between these extreme mindsets become invisible and oppressed.

The inflexibility of dualism invades and destroys.

Mindsets of judgement, segregation, racism, intolerance and narrow vision, supersede compassion, sensibility and often our innate evolution toward a just and kindness-centred society.

The spaces in between are often the voices of tolerance, non-judgement, wisdom and non-duality that get lost to extremism.

This is the transcendent dance of the trinity. Not stopping at one particular place, ever moving amongst and in between, filling space with creative possibility.

We are naturally a diverse species with a thousand shades of colour and expression informing our personal and collective journeys. Dualism is not our inherent reality.

Meeting each other in our intersections is necessary and key to our salvation.

We need to embrace all beings where they are and listen. Live out from non-duality.

Love. Support. Acknowledge. Extend a gesture of friendship and reconciliation.

Toward:

Ourselves.

One another.

Trees.

Animals.

Our planet

All life.

As a gender queer neurodivergent spiritually-seeking older adult with PTSD, I don't expect anyone to understand me - what I ask and hope for is acceptance and a space to live authentically. To explore and contribute. To love openly without prejudice.

It sucks to feel like a freak and not because of anything you do, but because of who you are. This is very deep pain.

But it is when things are most dark, that we more often see the expanding light.
Recognizing everyone has a prophetic voice.
Everyone is a mystic.
Love lives here-no exceptions.
Our light in the dark.

Being a circular caring and socially just economy, requires an ever expanding vision of inclusion without exception.

In a small corner of the galaxy where green and blue collide with soil and flowers and all manner of living things we intersect together. Neighbour, kin, stranger, lover. And here at this corner, communities all across our planet are reaching too and for one another.

Communities of
Sustainability
Creativity
Diversity
Interspecies compassion
Sacred care.

It is a long long list.
And there is room for everyone.

We are of one nebulous and cosmic heart in a universe vast and beyond imagination.
Division has never been and will not ever be a supportable answer.
First and always first, we begin with the vulnerable.
Care there, is care that heals and transforms.
My friend Jesus lived the entirety of his short life from this mindset.
Listening.
Watching.
Waiting.
Being present.
We are asked, to the best of our ability, to do the same.
Is that not why we are all here?

Wherever there is vulnerability in your life, be present.
At the top of the human pyramid a small group of entitled and privileged beings live with more than enough.
At the bottom of that human construct is a large overwhelming majority of beings who have less than enough and often nothing at all.
Since 1st century Palestine this has been so.

And as my friend Jesus says:
Time to turn this scary ass heap of privilege upside down.

It is not the world that has answers for us.
It is our symbiosis.
Our compassion, deep and without judgement.
Our acceptance and our personal realization of our own wonder.

Here, we see our true selves and our authentic being creates a light that emanates into our world.
From this place people are not persecuted, ostracized, disenfranchised or executed for being themselves.
Here everything is sacred.
Here is our true home.

There is no scarcity of love.
Love does not know boundaries.
It simply is our most profound and sustainable resource.
Always present, even in the darkest of times.

